

COME, HOLY SPIRIT

And fill my heart with Your gifts.
Let my love be true
And my charity generous.
Help me in all my endeavours to
Live in your power.
Grant me knowledge to do what is right.
Advise me in doubts,
Strengthen me in weakness,
Protect me when I am tempted,
Console me when I am afraid.
And let me feel your peace.
Graciously hear me, Holy Spirit
And pour your light
Into my heart, mind and soul.
Help me to live a holy life
And grow in goodness and grace

AMEN
(Unknown)

MORNING PRAYER

Dear God,
I thank you for protecting me through the night.
I praise You and give You thanks for all the blessings You have bestowed on me.
Lord I give You all my words, thoughts and actions and consecrate them to you.
May the words of my mouth and the meditations of my heart be pleasing to you today, for you O Lord, are my strength and my redeemer. AMEN

PRAYERS FROM THE PSALMS TO GUIDE YOUR REQUEST FOR HELP FROM GOD

H - "Hear me Lord and answer me for I am poor and needy Ps 86:1
The first step is to let God know that you need Him and want His help.

E - "Establish my steps in your word" Ps 119:133.
Second ask God for His direction and for strength to stand firm in His promises.

L - "Let your compassion quickly meet our needs because we are on the brink of despair" Ps 79:8
We often need help because of our past choices and sin. Ask God to help you focus on His compassion and grace to lift you out of despair and heartache.

P - "Protect me God because I take refuge in you. I say to the Lord, apart from You I have nothing good" PS 16:1

Whether it is spiritual protection from Satan's attacks or physical protection, we can come to God and ask Him to be our protector and provider. Seek refuge and lean on God, not your own strength and abilities. God promises to be your refuge, if you will let Him!

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DO NOT FEAR
For I am with you:
Do not anxiously look about you,
For I am your God.

I will strengthen you.
Surely I will help you
Surely I will uphold you
With My righteous right hand

Isaiah 41 v 10

PRAYER DIARY

St Thomas Church

RONDEBOSCH



Wild Rose Window by Clare Goodwin

November
2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>2 November Ps 131 Rev 14:1-13 Lk 112:49-59 Give thanks for Dave our organist and all our talented musicians – their live music is uplifting after the isolation and tension during lockdown.</p>	<p>3 Ps 22:24-32 Rev 14:14-15:8 Lk 12:49-59 Pray for our Inspire Junior Church members and their dedicated teachers who guide them and help grow their faith.</p>	<p>4 Ps 27:1-5, 16-17 Rev 16:1-11 Lk 13:10-17 Give thanks for all the retired clergy who lovingly continue to do God’s work. May they enjoy the freedom to do this without all the responsibilities of leading a parish.</p>	<p>5 Ps 105:1-7 Rev 16:12-21 Lk 13:18-30 Give thanks for our lay ministers who serve us and intercede for us and so draw us closer to God.</p>	<p>6 Ps 122 Rev 17:1-18 Lk 13:31-35 Give thanks for the spiritual workers at Pollsmoor, and pray that the prisoners and the wardens will accept the Lord and so find peace and direction in their lives.</p>	<p>7 Ps 112 Lk 16:9-15 Lk 14:1-11 Thank you God for all those who have contributed in any way to feeding the hungry during these stressful economic times. Pray also for those who knit garments for the needy.</p>	<p>8 Ps 78:1-7 1 Thess 4:13-18 Matt 25:1-13 Thank God for our young families who have accepted responsibility for living full and balanced lives with God as their guide.</p>
<p>9 Ps 24:1-6 Rev 18:15-24 Lk 14:12-24 Give thanks to God for the Fikelela Project and all those who have contributed in any way to this worthy cause.</p>	<p>10 Ps 37:1-9 Rev 19:1-10 Lk 14:25-35 Give thanks for all who are bearing the responsibilities of running the Church during the Interregnum.</p>	<p>11 Ps 23 Rev 19:11-21 Lk 15:1-10 Pray continually for Archbishop Thabo and his team as they work tirelessly, in God’s name, for the Anglican Church and our country.</p>	<p>12 Ps 146 James 1:1-15 Lk 15:1-2, 11-32 Give thanks for those who prepare families for the baptism of their children. May this guidance encourage and support the parents and Godparents as they commit to this solemn undertaking.</p>	<p>13 Ps 119: 1-8 Jam 1:16-27 Lk 16:1-9 Give thanks for our dedicated sacristans who diligently care for and prepare the sanctuary for our services.</p>	<p>14 Ps 112 Jam 2:1-13 Lk 16:10-18 Thank the Lord for all the men and women in our parish who answered the call to serve in numerous ways. May they be blessed in their undertakings.</p>	<p>15 Ps 123 1 Thess 5:1-11 Matt 25:14-30 Pray for God’s blessing on the St Thomas sewing group, giving thanks for the teachers who so willingly impart their skills.</p>
<p>16 Ps 1 Jam 2:14-26 Lk 16:19-31 Pray for Father Keith and Valencia, asking God to bless them in this new chapter of their lives.</p>	<p>17 Ps 15 Jam 3:1-12 Lk 17:1-10 Pray that as the Parish Council meets, they will be given God’s wisdom and guidance in all their deliberations.</p>	<p>18 Ps 150 Jam 3:13-4:12 Lk 17:11-19 Pray for our Government and all leaders especially that they would address the issue of corruption that has hampered the economic development.</p>	<p>19 Ps 149:1-5 Jam 4:13-5:6 Lk 17:20-37 Sing songs of praise to the Lord, who delights in His people when they worship Him.</p>	<p>20 Ps 119:153-176 Jam 5:7-12 Lk 18:1-8 Give thanks for God’s word that gives us true and trustworthy guidance. Pray for the strength to follow and obey His laws.</p>	<p>21 Ps 144:1-10 Jam 5:13-20 Lk 18:9-14 Pray for all the home groups and prayer groups, as they uphold our parish in prayerful support.</p>	<p>22 CHRIST THE KING Ps 100 Eph 1:15-23 Matt 25:31-46 Pray for the Parishes in our Archdeaconry, especially Christ the King today. May these churches be beacons of God’s love in their communities.</p>
<p>23 Ps 24:1-6 Gal 6:1-10 Lk 18:15-30 Pray that young parents will bring their children to Messy Church and feel welcomed and drawn into our Parish</p>	<p>24 Ps 96 1 Cor 3:10-23 Lk 18:31-43 Give thanks that when the troubles of this world overwhelm us, we are assured that God is in control.</p>	<p>25 Ps 98 Eph 1:3-14 Lk 19:1-10 Pray for the safety of the staff at Rondebosch Police station, giving thanks for all they do to protect our suburb.</p>	<p>26 Ps 100 Eph 1:15-23 Lk 19:11-27 Give thanks for all the resources and gifts that we have and encourage one another to use them to do God’s work and so glorify Him.</p>	<p>27 Ps 84 Rom 15:7-13 Lk 19:28-40 Pray that you will be filled with joy and peace as you trust in God and that by the power of the Holy Spirit you may abound in hope.</p>	<p>28 Ps 95:1-7 Phil 2:1-11 Lk 19:41-48 Pray for all schools and universities as they prepare for end of year examinations, after an exceptionally challenging academic year.</p>	<p>29 ADVENT 1 Ps 80:1-7, 17-19 1 Cor 1:3-9 Mk 13:24-37 Pray today, at the start of Advent, that it will be a meaningful time for introspection and reflection on the true meaning of Christmas.</p>
<p>30 ST ANDREW Ps 122 1 Thess 1:1-10 Lk 20:1-8 Pray for Jeremy and Robyn Smith, giving thanks for their example to young families and for Jeremy’s special gift for teaching in a way that appeals to both the young and the old.</p>	<p>1 Dec Ps 72:1-8 1 Thes 2:1-12 Lk 20:9-18 Give thanks for Father Leslie’s ministry during the interregnum and for his faithfulness despite personal challenges this year.</p>	<p>2 Ps 23 1 Thess 2:13-20 Lk 20:19-26 Pray for God’s guidance for all leaders on our continent as they deal with the devastating effects of Covid19 and the resultant economic problems. GOD BLESS AFRICA.</p>	<p>3 Ps 118:19-24 1 Thess 3:1-13 Lk 20:27-40 Pray for all those involved in the selection of a new Rector. May God guide them in their decision making and may we all trust that God has a perfect plan for St Thomas.</p>	<p>4 Ps 27:1-5, 16-17 1 Thess 4:1-12 Lk 20:41-21:4 Give thanks for all involved in the maintenance and beautification of our lovely church and grounds.</p>	<p>5 Ps 147:1-11 1 Thess 4:13-18 Lk 21:5-19 Give thanks that God “heals the brokenhearted and binds up their wounds”. Encourage someone with these words today.</p>	<p>6 ADVENT 2 Ps 80:1-7, 17-19 1 Cor 1:3-9 Mk 13:24-37 Pray that by drawing closer to God, we may grow in His likeness, living each day according to His will.</p>